

AVID stands for Advancement via Individual Determination

#### What is AVID?

AVID provides middle and high school students with academic and social support to ensure their success in high school, college, and careers. A major goal of AVID is closing the achievement gap for college enrollment.

#### **AVID's Goals**

- Accelerate under-achieving students who have potential for more rigorous courses
- Teach academic and social skills not targeted in other classes
- Provide intensive support with in-class tutors and a strong student/teacher relationship
- Create a positive peer group for students

## **Quick Stats**

- 95% of AVID MN students complete four-year college entrance requirements
- 80% applied to a four-year college or university
- Typically the first in their family to attend college
- 47% of AVID MN students qualify for free/reduced lunch

### As a volunteer, know these students are:

- Motivated to be in this elective course
- Interested in different career opportunities, how you chose your career, obstacles you faced and how you overcame them
- Working intensely on communication skills
- Organized!

# Proven Achievement. Lifelong Advantage.

"Quote from AVID teacher." - First Last Name, AVID Teacher



## **AVID** and BestPrep

BestPrep works with AVID classes through eMentors, Classroom Plus, Financial Matters, Minnesota Business Venture and the Technology Integration Workshop.











eMentors empowers students with the skills needed for success in school, career, and life

#### **About**

Through weekly one-on-one email exchanges with a volunteer business mentor, the 8-week eMentors program offers AVID students the opportunity to develop a relationship with a caring adult role model from a Minnesota company, as well as explore various topics related to college and career readiness.



#### **Features**

- Guiding questions for each week designed specifically for AVID, which focus on college and career readiness
- The opportunity for students to connect one-on-one with a business professional
- Provide intensive support with learning professional communication skills
- Opportunity for students to explore future careers

# In eMentors for AVID, students will:

- Understand the relationship between learning and their futures, colleges, careers, and life
- Learn the role that business, career, and life skills play in their success in both school and the workplace
- Improve their written communication skills by connecting with a business volunteer via professional online portal

## Sign up today!

BestPrep programs are FREE! Schools provide bus funding for the Meet and Greet. Visit our website or get in touch with the Program Manager to learn more!

## **Guiding Questions Topics**

- Introductions
- Academic Experience
- Goal Setting
- Teamwork
- Writing Skills
- Staying Organized
- Time Management
- College and Life Experience







