



*Inspire. Educate. Connect.*





# Stand Up/Sit Down

- I have sent an email to someone.
- I have had a mentor.
- I know what career I would like to have.
- I have toured a company.
- I have communicated professionally with a business person.
- I know what I want to do when I finish high school.
- I have a resume.
- I have a job or internship.

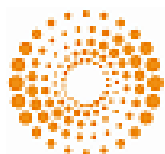
# What is eMentors?

- eMentors connects students with business professionals.
- Students are matched up one-on-one with a mentor.
  - Both mentors and students commit to sending one message per week.
- During the program students and mentors meet once at a Meet & Greet.

# Sample Participants

Anoka High School  
Harding High School  
Cooper High School  
Southwest High School

Eastview High School  
Owatonna High School  
Monticello High School  
Park High School



THOMSON REUTERS



WELLS  
FARGO



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# What Types of Classes Participate?

- Careers
- Business
- AVID
- Coding
- Math
- Personal Finance
- Science
- World History
- And more...



# Why are you participating?

**To learn strategies for success in college and your career:**

- College Exploration
- Time Management
- Personal Well-Being
- Determination and Resilience



**And to:**

- Learn about STEM careers and how to prep for them
- Interact with a business professional
- Understand the relationship between what's learned in school and the workplace
- Improve professional communication

# How Does eMentors Work?

- Each week you will receive an email from “eMentors”
  - The email will include a topic to write about that week
  - The email will include a link to the online portal; click this to see the box where you will write your mentor
- Send a message to your mentor based on the week’s Guiding Questions.
  - Prompts are based on college & career exploration, time management, finding success, diversity, equity & inclusion, and resilience.
- Your mentor will respond within a few days.
  - Keep in mind that mentors may be busy, off-site, or on vacation. There is a chance there will be a delay in their response.
  - Send the following week’s message even if your mentor hasn’t responded.



# How Does eMentors Work?

- When replying:
  - You will receive an email from “eMentors” telling you that you have a message from your mentor to read, wait til the next time in class to respond
  - Answer your mentor’s questions; mentors really want to hear from you and get to know you
  - Address the week’s new Guiding Question, using your own words and adding your personal stories and experiences





# Ask for Help

- Talk to your teacher if:
  - It's been a week and you haven't heard from your mentor
  - You missed class on the day your class sent messages; you are expected to make-up the message (treat this as an assignment)



# What Happens at the Meet & Greet?



- Your class will take a field trip to your mentor's workplace.
  - You will have a snack/lunch with your mentor.
  - Most companies offer tours.



- Ask your mentor “tell me” or “how did you” questions to get to know them better.

# Bad Message Example

Hey,

So waz UR job like??????? I'm kinda interested in science but I'm not sure. How often are U board at work? I'm board ALL THE TIME at skool ☹ !!! Since we both like baseball, we should go to a Twins game together next season, what do U think? Here's my personal email since this one will shut off after this thing: [imawesome@myemail.com](mailto:imawesome@myemail.com) or if you wanna call me, my cell number is (612)555-9876. U should totally drop me a line and we'll hang out.

Oh yeah....I'm sposed to send U a question....what skool did you go to after high skool?

C ya

# Good Message Example

Dear John,

My name is Ayan Hassen and I am an 11<sup>th</sup> grade student. My favorite class in school is math. Outside of school, I like to play sports, watch TV, and spend time with my family and friends.

I work part-time as a lifeguard. After high school, I hope to go to college to learn about Business Management.

I am looking forward to e-mailing with you to learn about your experience. What do you do in your job? What is one thing that you enjoy about your work?

I hope to hear from you soon. Sincerely,

Ayan Hassen

*Introduction: Hello/Dear \_\_\_\_,*

*Paragraph one: Introduce yourself. Talk about a few things that describe you and your interests. (Write in full sentences, not like a text message.)*

*Paragraph two: Discuss the Guiding Questions in detail. Talk about how the prompt relates to your life and your experiences at school or work.*

*Paragraph three: Ask the mentor about their job and how the Guiding Questions relate to daily tasks.*

*Closing: Sincerely/  
Thank you,*

# Good Response Example

Hello John,

In response to your question last week, I am involved in the Student Senate and the Varsity Volleyball team. Do you have any interesting hobbies?

I was curious if you went to college after graduating from high school and, if so, which one did you attend? I'm interested in Engineering and was hoping you could give me any idea about which college to choose or an internship or job that may help me improve my college applications.

Thank you and I look forward to your next message,

Ayan Hassen

*Introduction: Hello/Dear \_\_\_\_,*

*Paragraph one: Answer any questions your mentor asked in a previous email. Ask them follow-up questions. (Write in full sentences not like a text message.)*

*Paragraph two: Discuss the Guiding Questions in detail. Talk about how the prompt relates to your life and your experiences at school or work.*

*Paragraph three: Ask the mentor about his/her job and how the Guiding Questions relate to daily tasks.*

*Closing: Sincerely/  
Thank you,*

# How Should I Prepare?

- Complete the permission form and return it to your teacher.
- Think of questions in advance to ask your mentor in-person.

