

••• eMentors for AVID •••

Guiding Question Prompts

1



Introductions

Introduce yourself by sharing your name, pronouns, grade, and a brief description of AVID. What do you like and/or dislike about being in AVID? Share at least 4 things about yourself, like your favorite subject, extracurricular activities, number of siblings, etc.

Ask your mentor to explain what they do in their job. Also ask your mentor about their education and training during and after high school. Looking back, what did they like most about these experiences and what do they wish they could have changed? You can also ask about their family or hobbies.

2



Academic Experience

Share with your mentor the classes you enjoy most in high school. What major(s) are you interested in studying in college? Ask your mentor what their major was in college. Did they have a minor? How did they choose what to study? How does their academic education in college help them in their current job? Would they have done anything differently? What level of school did they get through (undergrad, grad degree, PhD, etc.)?

3



Writing Skills

Tell your mentor about writing you do for school. This could be writing answers on worksheets, composing short stories/essays, creating book reports, etc. Do you like to write for school? Why or why not? Now ask your mentor about the writing they do for work. Do they write email messages, reports, letters, directions/instructions, etc? How important are writing skills for their job? Have they always been a confident writer? If not, how did they improve?

4



Goal Setting

Statistics show that when goals are written down they are more likely to be achieved. Think of a goal you can achieve in the remainder of the quarter, semester, or year, whichever your teacher prefers. Why did you choose this goal? What steps will you take to achieve it? Ask your mentor about goals they have set and plans they made to accomplish them. What do they think makes a "good" goal?

5



Meet & Greet

Be prepared to meet your mentor. It is a good idea to brainstorm some questions you would like to ask your mentor in person. In an AVID Meet & Greet, you will have time to chat with your mentor one-on-one, eat lunch, and participate in a tour or activity. A special focus will be placed on networking. Be prepared to introduce yourself briefly to some of the other mentors in the program as well.

6



Teamwork

Tell your mentor about the "teams" you are on. These could be for school projects, sports, theater, work, etc. Share what you think are the qualities of a good teammate. Then ask your mentor what they think being a good teammate means. Ask how often their job requires working in a team and how often they get to choose who they work with. In what ways does your mentor collaborate with peers to solve a problem or achieve a goal? Share how you have done this in your life.

7



Staying Organized & Managing Time

Do you always show up to class prepared? Explain to your mentor how you keep your materials (homework, books, writing utensils, etc) organized. Then ask whether or not your mentor has a system for staying organized. If so, what is it?

Discuss how many hours you spend doing schoolwork, attending classes, participating in extracurriculars, and hanging out with friends. Discuss the importance of managing time, using calendars, and setting priorities. Ask your mentor how they schedule their time. How do they find balance between working, family time, hobbies, etc? Ask for tips on managing your time.

8



College Life/Experience

Share with your mentor what you are looking forward to doing in college. Ask your mentor about their college experience. What types of activities were they involved in outside of class? Did they participate in student groups like Greek life, professional organizations, or student government? What about volunteering or internships? What activities helped them most prepare for their post-college career?