

BestPrep's eMentors – Meet & Greet Activities

Typically Meet & Greets are 1 ½ hours; if needed, they can be extended to 2 hours to accommodate multiple activities.

Activity	Summary	Type of Class Activity is Ideal For
Career Panel* or HR/Interviewing Panel*	Up to five employees representing various careers offered within the business share their schooling and career path, what they do on their job and 1 – 2 interesting facts about their job or career in front of the group. Students can then ask questions to panel members.	Higher level classes and younger classes
Career Roundtable	Six to eight employees from the company prepare short presentations about their chosen career area/department. Sessions are from 8 to 15 minutes in length. In advance, students select three presentations to participate in. Students and mentors rotate to the pre-selected sessions together. [This option adds time to the standard Meet & Greet.]	Higher level classes, especially Business, AVID
Four Corners Game*	Meet & Greet begins with company representative giving presentation on the company including stats (# of employees, money earned, # of products, incorporation date, etc.) Following the presentation, the representative asks students multiple choice questions; students move to a corner of the room based on what they think the answer is. Students who are wrong sit down. Game continues until 1-3 students remain. Candy or other prize can be awarded from the company to student winner(s).	Any class
Mock Interviews*	Upon arriving at the Meet & Greet, students are paired with someone who is not their mentor, for a 10-15 minute interview. BestPrep provides interview questions and a scoring sheet. After the mock interviews, the regular Meet & Greet starts with students meeting their own mentor. [Teacher must approve and agree to prep students on interviewing skills in advance.] Students prepare in class by learning how to interview.	AVID, Business, Life Skills classes
Qualities of a Successful Employee/Career Expectations Activity*	Students and mentors work in small groups to identify which career skills are most important on the job. BestPrep staff provides the handout and facilitates the activity.	Any class
Large Group Company Tour	Company representative(s) lead students, and if possible mentors, on a guided tour. Tour stops include areas/floors representing varying departments, labs, work stations and amenities. At each stop, company representative highlights skill sets used, education path required for the job, products produced, working conditions, etc.	Any class
Job Shadow	Mentors host students for 30 to 90 minutes discussing their job, skill sets used, highlighting projects, work environment, introducing to co-workers, etc. Time is allotted for mentors to show students projects they work on, how they accomplish their daily tasks, and if appropriate students can join meetings, webinars, etc.	Higher level classes, especially those who have seen a lot of different workplaces
Ideal Job Tasks*	Students select the characteristics that would be important to them in their future career and discuss their selections with their mentor or in small groups. BestPrep provides the handout and facilitates the activity.	Any class
Elevator Speech	Students prepare their elevator speeches in class prior to attending. Each student gives his or her elevator speech to a small group and can receive feedback from his or her mentor afterwards. [Teacher must approve and agree to teach elevator speeches in advance.]	AVID, Business
Resume Review*	<i>Preferred Activity:</i> Students prepare their resumes in class prior to attending. Students share their resume with their mentors. Mentors provide feedback to the students and discuss their skills and previous experience in order to help the students' continue to improve their resumes and interview skills. [Teacher must approve and agree to have students create resumes in advance.] <i>Alternate:</i> Have students and mentors review BestPrep's sample student resume looking for errors and discussing how to improve it.	AVID, Business
Company Overview	A representative of the company shares general information about the company (company headquarters, number of employees, history, etc.) with a PowerPoint slide deck, commercials, product demos, or fact sheet.	Any class

My Values and Personality Traits*	Students and mentors work together to identify the student's values and personality traits. They discuss how the values and traits can help them identify a future career.	Any class
Lighting/Popcorn Round	BestPrep staff or Company coordinator calls out a list of statements one at a time. Mentors stand up if the statement applies to them. Prompts include <i>went to college, lived in the dorms, have a 2 year degree, graduated from college in 4 years, took longer than 4 years to graduate, travel for your job, travel internationally for your job, etc.</i>	Any class, also can be used to kill time if students arrive early
Rapid Fire Handshake & Elevator Speech	Students and mentors will form two circles, students on the inside, mentors out. Students and mentors will face each other. BestPrep staff to shout "GO" and students/mentors shake hands, and the students introduce themselves and give brief 30-45 second elevator speech. Staff yells "STOP" and they stop. Mentors then shift clockwise 1 student* and BP staff to shout "GO" again. Repeat as many times as desired. <i>*Students/mentors could even walk in circle for X amount of time until staff shouts "STOP" so they get a random/different combo every time.</i>	Gregarious classes
Social Styles*	Students/mentors will participate in the Social Styles activity as described on the handout. This can be used to talk about how their social style may impact how they work and their role on a team. Activity should take minimum of 20 minutes.	Shyer classes and smaller classes
My Top Strengths*	Students will use the handout to identify and discuss with their mentor their top 3 strengths, how to talk about their strengths in an interview, and how to continue to develop their top strength. Understanding their strengths will help them identify job tasks, work environments, and career fields they should look for in future jobs. Activity will take 10-15 minutes.	Any class
Human Bingo* (Interactive)	Students/mentor will pair up and be given a bingo card to go around and find other individuals who may check off their bingo card. It is a good low-risk networking activity that will help students get moving as an icebreaker.	Any class
Scavenger Hunt* (Office Tour)	Tours can be in small groups led by a company representative(s) or 1:1 with mentors leading. Tour stops may include areas/floors representing varying departments, labs, workstations, and amenities. At each stop, the leader should highlight skill sets used, education path required for the job, products produced, working conditions, etc.	Any class

*BestPrep has handout or template.