



Inspire. Educate. Connect.



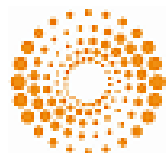
What is eMentors?

- eMentors connects students with business professionals
- Students are matched up one-on-one with a mentor
 - Both mentors and students commit to sending one message per week

Sample Participants

Anoka High School
Harding High School
Cooper High School
Southwest High School

Eastview High School
Owatonna High School
Monticello High School
Park High School



THOMSON REUTERS



WELLS
FARGO



UNITEDHEALTH GROUP®



What Types of Classes Participate?

- Careers
- Business
- AVID
- Math
- Personal Finance
- Science
- World History
- And more...



Why are you participating?

To gain business/career skills:

- Time Management
- Solve Problems
- Teamwork

And to:

- Improve professional communication
- Learn about career options
- Interact with a business professional
- Understand the relationship between what's learned in school and the workplace



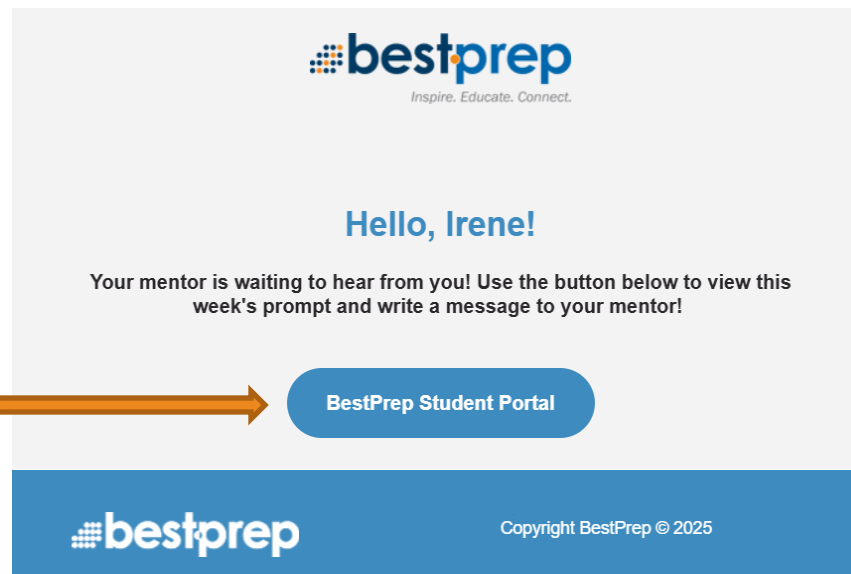
How Does eMentors Work?

- **Step 1:** Each week you will receive an email from “Mentoring” where you are prompted to click on a button to write to your mentor
- **Step 2:** Click on the button and write a message to your mentor based on Guiding Questions your teacher chose
- **Step 3:** Your mentor will respond within a few business days

Step 1: Open email from eMentors

- Each week you will receive an email from “Mentoring” where you will be prompted to write to your mentor
 - The email will include a button that opens up a new tab to write to your mentor
 - If you can’t find the email from eMentors, ask your teacher for help right away
- The email you receive will look like this:

Click here to write
a message to your
mentor



Step 2: Message your mentor

- Send a message to your mentor based on Guiding Questions your teacher chose
 - Questions are based on career or academic skills and how people conduct themselves in business

Follow these instructions when writing your message



BestPrep Staff - Week 3

Assigned For: 12/17/2025

Tomorrow's our holiday party, so let's wrap up our test connection with something cozy and something practical. First, share your favorite soup. The one you reach for when it's cold, chaotic, or you just need something comforting. You can talk about why you love it, who makes it, or the memory connected to it. This keeps the messages light and fun, and mirrors the kind of personal storytelling mentors often do. After that, take a moment to reflect on the new portal. What worked well for you? What felt intuitive? Were there any spots where you hesitated or weren't sure what to click? Please be honest—but also specific. Think about the experience from the eyes of a busy teacher with 35 ninth graders opening laptops, or a mentor who is batch-writing messages during a lunch break. To close, share one thing you're looking forward to at the holiday party! Food, reconnecting with colleagues, games, or just time together as a team. Thank you for participating in this test connection! Your feedback, experiences, and willingness to play along help us launch the new system with confidence and clarity.

Write your message here



Your Message

Submit

Mentor Message

Your mentor hasn't written a message for this week yet.

- Click 'Submit' at the bottom of the page once your message is complete



Step 3: Read your mentor's response

- Your mentor will respond within a few business days
 - Keep in mind that mentors may be busy, off-site, or on vacation, so there is a chance there will be a delay in their response
 - If your mentor is out of office, you will receive an email notifying you of this
 - Send the following week's message even if they have not responded

How Does eMentors Work?

- When replying:
 - You will receive an email from “Mentoring” telling you that you have a message from your mentor to read
 - Answer your mentor’s questions - mentors really want to hear from you and get to know you!
 - Address the week’s new Guiding Question using your own words and adding your personal stories and experiences



What Happens at the Meet & Greet?



- Your class will take a field trip to your mentor's workplace
 - You will have lunch or a snack with your mentor
 - Most companies offer tours
 - Ask your mentor “tell me...” or “how did you...” questions to get to know them better



Ask for Help

- Talk to your teacher if:
 - You can't find the email from Mentoring in your inbox
 - It's been a week and you haven't heard from your mentor
 - You missed class on the day your class sent messages



Bad Message Example

Heyyyyyyyyyyy, what's up, so what's ur job? i didnt rlly listen in class, so i don't really know how this is gonna go. Do you like ur job, it sounds kinda boring. Do you actually make any money or do you just have hella debt? I kinda stalked you on Facebook, ur dog looks rlly cute dude. We both have dogs so we should meet up at the dog park. Here's my email since this one will shut off after this thing: imawesome@myemail.com or my number is 867-5309. Peace out till next week dude.

Good Message Example

Hello John,

In response to your question last week, I am involved in the Student Senate and the Varsity Volleyball team. Do you have any interesting hobbies?

I was curious if you went to college after graduating from high school and, if so, which one did you attend? I'm interested in Business Management and was hoping you could give me any idea about which college to choose or an internship or job that may help me improve my college applications.

Thank you and I look forward to your next message,

Jenna Jones

Introduction: Hello/Hi/Dear _____,

Paragraph one: Answer any questions your mentor asked in a previous email. Ask them follow-up questions. (Write in full sentences not like a text message.)

Paragraph two: Discuss the Guiding Questions in detail. Talk about how the prompt relates to your life and your experiences at school or work. Ask the mentor about their job and how the Guiding Questions relate to daily tasks.

Closing: Sincerely/Thank you,

Your name

What's Next?

- Read through the Student Introduction
- Look for an email from eMentors on the date given to you by your teacher
- Use the link in the email to message your mentor



Student Resources Website

- Additional resources can also be found of the eMentors Student Resources page!

<https://bestprep.org/ementors/student-resources/>

The screenshot shows the BestPrep eMentors Student Resources website. The header features the BestPrep logo and navigation links: About, Programs, Volunteer, Events, Give, and Contact. The main banner has a colorful polka-dot background with the text "eMentors Student Resources" and the tagline "Empowering you with the skills needed for success in school and beyond!". Below the banner, there is a thank-you message to participants and a photo of two students. A navigation bar includes links for Student Guide, Messaging Tips, Using the Online Portal, Meet and Greet, and Student FAQ's. The main content area describes the program and includes buttons for "View Student Guide" and "View Student Presentation". A photo of a student and a mentor is also shown.

bestprep
High School Success

About Programs Volunteer Events Give Contact

eMentors
Student Resources

Empowering you with the skills needed for success in school and beyond!

Thank you for participating in eMentors! Students who engage with their mentors during this program learn about future career opportunities, how to network with others within a professional setting, improve their written communication skills, and receive advice from a trusting adult. Please use this webpage as a resource throughout your mentorship. You will be able to find the student guide, message etiquette, example messages, how to use the online portal, FAQ's, and much more!

Keep reading to access the resources.

Student Guide Messaging Tips Using the Online Portal Meet and Greet Student FAQ's

BestPrep connects a class of high school students upon the request of their teacher, with a group of mentors – all from the same company. Each student is paired one to one with a mentor, and they exchange one message per week. The messages focus on weekly topics pre-selected by the teacher and include topics like Career Skills, College Preparation, Choose Your Attitude, and College Experience. View the "Student Guide" and "Student Presentation" below to learn more about the eMentors program and your role in the program.

View Student Guide View Student Presentation