

Alternate Unit Plan

Project / Event Name	Diabetic care in Elementary Schools.
Description	Assist students understand their health condition and empower them to know how to manage it to achieve their academic goals.
Purpose	This project will educate students to understand how their lifestyle choices can affect their health Assist students to know that when their diabetes is well managed, they can stay in school to learn and not miss structural instructions to achieve their academic goals. Students with diabetic will understand that they can engage in any activities just like others without diabetes.
<u>Established Goals</u>; Standards Being Met	Empowerment of diabetic students' understanding of diabetic health condition Ability to stay healthy and remain in class Ability to Understand how effective management of diabetes can prevent the impacts it may have on achieving their goals
<u>Essential Question(s)</u> (at the end of this project/event) what people will be able to answer or do	What are the causes of diabetes? How can students with diabetes Identify signs and symptoms of hypo and hyperglycemia? How do you think good management of diabetes will help you remain in class and learn and not miss class instructions? Do you believe that good management of diabetes will limit its complications?
Audience	Students, families, educators, others, etc. Goal number of people to reach.
Materials / Resources Needed	Experts: Students with diabetes and parents with diabetes willing to share how they managed their child's diabetes with others. St Paul Public school nurses willing to share their care plan with their school diabetic management. Space/Location: School conference room Food: Nutrition personnel will be invited to talk about diabetic diet. Printed materials: Diabetic materials will be handed out to reinforce the inservice
Tools/Equipment Needed	Tables, chairs, collaborative workspace, shared digital space for curated files
Technology Needed:	In place training will be provided and materials made available online for those who will not be able to attend to download.
Who to Involve	Collaborators, team members planning the event, Parents, and students, nutritionist and other school nurses.
Unit Plan Author (name, school and optional email address or hyperlink to educator's web page)	Chinyere C Obasi (chi) Highwood-Hills Elementary School St Paul