

bestprep's eMentors

Meet & Greet Activities

Meet & Greets are typically ~90 minutes in length. If needed, they can be extended to 2 hours to accommodate multiple activities. **An asterisk by the activity name indicates that BestPrep has a handout or template to go with the activity.**

Send 2 preferred activities to your BestPrep Coordinator

Activity	Summary	Best Suited For
Career Panel* or HR/Interviewing Panel*	Up to 5 employees representing various careers offered within the business share their schooling & career path, what they do in their job, and 1–2 interesting facts about their job in front of the group. Students can then ask questions to panel members.	Any class
Large Group Company Tour	Company representative(s) lead students, and if possible mentors, on a guided tour. Tour stops include areas/floors representing varying departments, labs, work stations and amenities. At each stop, company representative highlights skill sets used, education path required for the job, products produced, working conditions, etc.	Any class
Scavenger Hunt* (Office Tour)	Tours can be in small groups led by company representative(s) or 1:1 with mentors leading. Tour stops may include areas/floors representing varying departments, labs, workstations, and amenities. At each stop, the leader should highlight skill sets used, education path required for the job, products produced, working conditions, etc.	Any class
Networking Bingo*	Students and mentors are given one bingo card to share with various statements in each square (“went to a 2 year college,” “grew up outside of Minnesota,” etc.). Student/mentor pairs then go around the room and find people who can check off their squares. Mentors assist students with networking as needed. Candy or other prizes can be awarded from the company or BestPrep to student winner(s) and their mentors.	Any class
My Values and Personality Traits*	Students and mentors work together to identify the student’s values and personality traits. They discuss how the values and traits can help them identify a future career.	Any class

Activity	Summary	Best Suited For
My Top Strengths*	Students will use the handout to identify and discuss with their mentor their top 3 strengths, how to talk about their strengths in an interview, and how to continue to develop their top strength. Understanding their strengths will help them identify job tasks, work environments, and career fields they should look for in future jobs. Activity will take 10-15 minutes.	Any class
Social Styles*	Students/mentors will participate in the Social Styles activity as described on the handout. This can be used to talk about how their social style may impact how they work and their role on a team. Activity should take minimum of 20 minutes.	Shyer, smaller classes
Resume Review*	Students prepare their resumes in class prior to attending. Students share their resume with their mentors. Mentors provide feedback and discuss the student's skills and previous experience in order to help them continue to improve their resumes and interview skills. Teacher must approve and agree to have students create and print resumes in advance.	AVID, business
Elevator Speech	Students prepare their elevator speeches in class prior to attending. Each student gives their elevator speech to a small group and can receive feedback from their mentor afterwards. Teacher must approve and agree to teach elevator speeches in advance.	AVID, business
Rapid Fire Handshake & Elevator Speeches	Students/mentors form two circles: students on the inside, mentors out. Students/mentors face each other. When BestPrep staff shout "GO," students/mentors shake hands, then the students introduce themselves and give brief 30-60 second elevator speech. When staff yells "STOP," students must stop, then mentors then shift clockwise 1 student and BestPrep staff shout "GO" again. Repeat as many times as desired.	Outgoing, high energy classes
Company Overview	A representative of the company shares general information about the company (company headquarters, number of employees, history, etc.) with a PowerPoint slide deck, commercials, product demos, or fact sheet.	Any class
Mock Interviews*	Students are paired with a volunteer mentor different from their own for a 10-15 minute interview. BestPrep provides interview questions and a scoring sheet. Can be done any time during the Meet & Greet. Teacher must approve and agree to prep students on interviewing skills in advance.	AVID, business, life skills classes

Activity	Summary	Best Suited For
Job Shadow	Mentors host students for 30 to 90 minutes discussing their job, skill sets used, highlighting projects, work environment, introducing to co-workers, etc. Time is allotted for mentors to show students projects they work on, how they accomplish their daily tasks, and if appropriate students can join meetings, webinars, etc.	Advanced 11-12th grade
Four Corners*	Meet & Greet begins with company representative giving presentation on the company including stats (# of employees, money earned, # of products, incorporation date, etc.). Following the presentation, the representative asks students multiple choice questions. Students move to a corner of the room based on what they think the answer is. Students sit down if they are incorrect. Game continues until 1-3 students remain. Candy or other prizes can be awarded from the company to student winner(s).	Any class
“Stand Up If...”	BestPrep staff or company coordinator calls out a list of statements one at a time. Mentors & students stand up if the statement applies to them. Prompts can include “went to college,” “plays an instrument,” “walks/bikes to work/school,” “travels for work” or “plans to study abroad,” etc.	Any class
Career Roundtable	6-8 employees from the company prepare short presentations about their chosen career area/department. Sessions are ~8-15 minutes in length. In advance, students select 3 presentations to participate in. Students and mentors rotate to the pre-selected sessions together (this option adds time to the standard Meet & Greet) .	Higher level classes (AVID, business, etc.)
Ideal Job Tasks*	Students select the characteristics that would be important to them in their future career and discuss their selections with their mentor or in small groups. BestPrep provides the handout and facilitates the activity.	Any class
Qualities of a Successful Employee*	Students and mentors work in small groups to identify which career skills are most important on the job. BestPrep staff provides the handout and facilitates the activity.	Any class